



St. Joseph's Nursery Activity choice Grid.

Each day choose one or two activities and have some fun! We are using the books 'Dandelion, Sam's sandwich and Handa's Surprise.' so some of the activities will link to these stories. Take some photographs of your child completing the activities and email them to stanleystjoseph@durhamlearning.net and mark them FAO Mrs Hull.

Use Mrs Hull's favourite playdough recipe.:

You need:

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- gel food colouring (optional)
- few drops glycerine (my secret ingredient for stretch and shine!)

Method:

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- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring TO the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!* (If it remains a little sticky then add a touch more flour until just right)





Communication & Language & Literacy

Role play - Home Corner - communicating with others in a familiar situation.

Make cards for friends/family

Using our senses to explore the environment.

- feely bags, and trays, gloop
- Smelly bottles—essential oils, herbs, spices

Create a telephone using plastic cups and string.

Listen to a variety of stories about self, families and homes. Sharing opinions and ideas

Structured Show and Tell—my favourite toy, my family, my friends, Things I like.

Talk about who is in their family

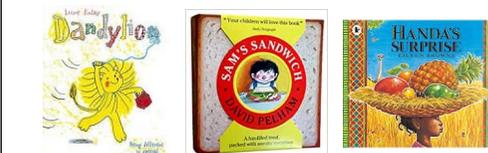
Play I spy.

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Who am I?



Expressive Art links to Physical Development—fine motor skills

Use finger/hand prints to make pictures—talk about how unique our finger print is.

Paper plate faces—Make your own paper plate face—can you make your friends face?

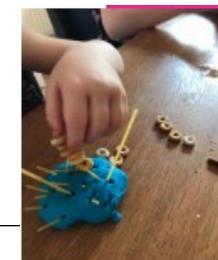
Create a mini me to use in the small world area using a yoghurt pot and a photograph.

Create a self portrait—cut and stick different features to make a self portrait.

Use mirrors to look at self in the mirror.

Use paints to create own picture

Create a puppet show using puppets of themselves and their family. Use wooden spoons.



Fine Motor Skills

Make a ball of playdough, skewer it with spaghetti and thread on Cheerios. Encourage children to use a pinch between the finger and thumb.

Use playdough and manipulate in hands, give children different instructions e.g. squeeze it, pinch it, splat it, roll it etc

<https://www.youtube.com/watch?v=zJQ2CaA7E50>

Dough Gym!

Using tools—roll the dough, cut the dough. Make marks with a fork. Poke it and make holes in it. Draw in it with a pencil

Make playdough worms and practise cutting them with scissors

Give a cardboard tube character some paper hair and then give him/her a haircut





PSED Links to Physical development and PE

Play who's in the box?

Stand up, sit down- recognising all the things that make me, me!

Ask children to stand up and sit down then stand up if you have brown hair, blue eyes, wearing shorts etc Some things are the same about us and some are different—we are all special.

Learn our class rules

Read Dandy Lion discuss what makes him special—What is special about them? What can they do in the classroom really well? Are they good at building towers or drawing pictures or being kind.

Read Ronald the Rhino.

Healthy Body—

Do various activities outside and observe the effect on our bodies.

Heart rate, breathing etc. How does this keep us healthy?

Print using vegetables and encourage children to use them to print and explore.

Fruit kebabs. Try different fruits and discuss what we like/don't like.

Can we make a fruit kebab using the fruits that we like?

Link to maths: patterns

Link to PD: Using tools safely.

Prepare a healthy snack.



Mathematics

Count how many plates, cups etc are needed for the table.

Sing 5 little skeletons jumping on the bed.

