

St. Joseph's Catholic Primary School



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17th December 2020

FOR Nursery, Reception and Year 5 PARENTS OF CLOSE CONTACTS OF A POTENTIALLY POSITIVE COVID-19

Dear Parent,

Advice for Child to Self-Isolate for 10 Days (Or until a negative result is received)

This morning I was advised that there are symptomatic children awaiting COVID-19 postal test results, which may not come back for several days. Public Health England have recommended that we alert parents of children in those bubbles and as a precaution send the bubbles home to isolate for 10 days from the last time those children were in school. If the result comes back negative, as soon as I hear, I will alert the closed bubbles, via text, and your child will no longer need to isolate. However due to the fact that families will be mixing at this time of year, PHE advised that we inform parents immediately, to isolate their child as a precaution. Please also help us by emailing school if your child becomes symptomatic on Fri 18th December or Sat 19th December; if after that time they do become symptomatic you will need to inform NHS Track and Trace.

We have identified that your child has been in close contact with the potentially positive case. In line with the national guidance PHE recommend that your child now stays at home and self-isolates until midnight on the 25th December. Your child must not go to school or any public areas: your child must remain at home. Further details of what your child needs to do are in NHS Guidance: <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-for-coronavirus/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/>

We are asking you to do this to reduce the further spread of COVID 19 to others in the community. If you need support with isolation, please contact your local Council.

Other members of your household can continue normal activities provided your child does not develop symptoms within the self-isolation period.

If your child is well at the end of the period of self-isolation, then they can return to usual activities.



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What to do if your child develops symptoms of COVID 19

For most people, especially children, COVID-19 will be a mild illness.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If your child develops any of these symptoms of COVID-19, they should remain at home and arrangements should be made for them to be tested. At that time all other household members must also stay at home, not go to work, school or public areas, even for exercise.

Testing can be arranged by calling 119 or via the NHS website: nhs.uk/coronavirus

When the result of the child's test is known further advice will be available.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information

Further information is available at nhs.uk/coronavirus

Yours sincerely,

A D Thorpe

Mrs A. Thorpe



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